

WELCOME TO

kurves & kontours

Your Destination for Transformation

WHY CHOOSE US?

✓ PROVEN TRACK RECORD

Dr. Nidhi Chaudhary, affectionately known as the “Magician,” has guided clients to remarkable transformations. Her most impressive feat? Helping a client shed 49 kilograms in just nine months

✓ HOLISTIC APPROACH

Unlike quick fixes, we prioritize healthy eating. Dr. Chaudhary doesn't endorse pills or shakes; instead, she empowers you to make nourishing food choices.

✓ INSIGHTFUL GUIDANCE

Understanding your lifestyle is our core focus. We delve into your unique challenges and tailor solutions accordingly.

10+ YEARS EXPERIENCE
10,000+ SUCCESS STORIES

Book Your Appointment

Kurves & Kontours
WhatsApp Business Account



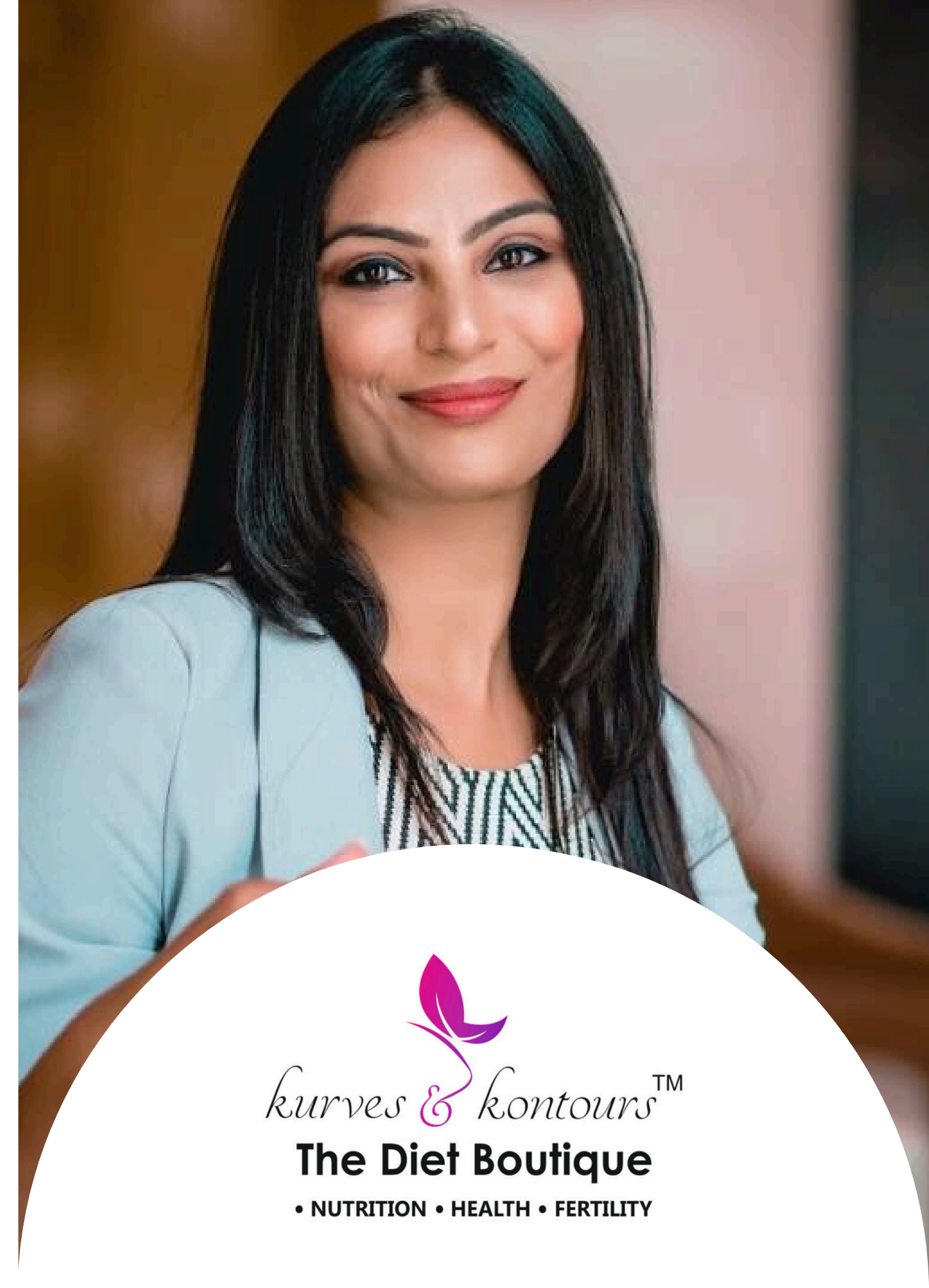
CONTACT US

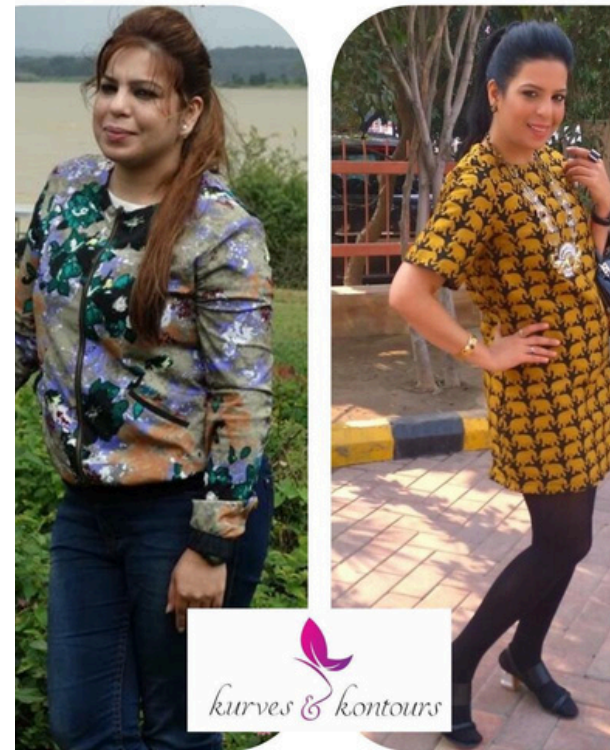


📍 Shop No. 116, SS Omnia, Sector 86, Gurugram (HR)

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FOLLOW US





SUCCESS STORIES

OUR PACKAGES

ONE TIME DIET CORRECTION

₹1,500

1 Counselling Session
1 Generic Diet Plan

28 DAYS CUSTOMISED DIET PROGRAM

₹5,000

4 Weekly follow-ups on visit
4 Weekly Meal Plans
Regular WhatsApp Monitoring
Family Friendly Meals with Recipes

90 DAYS CUSTOMISED DIET PROGRAM

₹13,500

4 Weekly follow-ups on visit
12 Weekly Meal Plans
Unlimited WhatsApp Follow-ups
Family Friendly Meals with Recipes

OUR SERVICES

- ✓ Lifestyle Management & Obesity
- ✓ Post Baby Weight Loss
- ✓ Childhood Obesity
- ✓ Women Hormonal Health & Infertility
- ✓ Diabetes Management
- ✓ Hypothyroidism Management
- ✓ Gut Health
- ✓ Food Sensitivity Management
- ✓ Lifestyle Disorder Solutions
- ✓ Hypertension Control